

MEFA's College Admissions Toolkit



Application Deadline Manager

Directions: Use this worksheet to keep track of deadlines and requirements for your college admissions applications.

College:	College:	College:	
User ID:	User ID:	User ID:	
Password:	Password:	Password:	
Application Deadlines	Application Deadlines	Application Deadlines	
Early Action:	Early Action:	Early Action:	
Early Decision:	Early Decision:	Early Decision:	
Regular Admissions:	Regular Admissions:	Regular Admissions:	
Rolling Admissions:	Rolling Admissions:	□ Rolling Admissions:	
Common Application Accepted	Common Application Accepted	Common Application Accepted	
🗆 Yes 🔲 No	🗆 Yes 🔲 No	🗆 Yes 🛛 No	
Application Fee: \$	Application Fee: \$	Application Fee: \$	
Test Required	Test Required	Test Required	
SAT	□ SAT	□ SAT	
SAT II Subject Tests	SAT II Subject Tests	□ SAT II Subject Tests	
□ ACT	□ ACT	ACT	
□ Other:	□ Other:	□ Other:	
Letters of Recommendation	Letters of Recommendation	Letters of Recommendation	
Number Required	Number Required	Number Required	
People to Ask:	People to Ask:	People to Ask:	
Essays	Essays	Essays	
Topics:	Topics:	Topics:	
Financial Aid Deadlines	Financial Aid Deadlines	Financial Aid Deadlines	
□ FAFSA:	☐ FAFSA:	FAFSA:	
Federal School Code:	Federal School Code:	Federal School Code:	
CSS PROFILE®:	CSS PROFILE®:	CSS PROFILE [®] :	
Institutuional Form:	🔲 Institutuional Form:	□ Institutuional Form:	
□ Other:	□ Other:	□ Other:	



Password Manager

YourPlanForTheFuture

User Name: ____

Password: _____

College Board (SAT, CSS PROFILE)

User Name: _____

Password: _____

Common Application

User Name: _____

Password: _____

ACT User ID: _____ Password: _____

FastWeb Scholarship Search

User Name: _

Password: ____

FAFSA

Parent FSA ID: _____

Student FSA ID: _____

Password:

Other:	

User ID: ____

Password: ____

Other:	
User ID:	

Password: _____



Activity/Experience Log

MEFA recommends keeping a log of your important activities and experiences throughout high school. You can refer back to this record when it's time to prepare for college interviews, write essays, and gather recommendations. There are no rules for what is and isn't important enough to write down. Focus on what you gained from the experience and the impact you had on others.

Dates(s)	Time Spent	Activity/Experience	Role	What I Valued About This Experience
Saturday Sept. 19, 2015	6 Hours	Community Clean-up Day	Group Leader	Provided a clean, safe outdoor environment for elementary school children to use at school.
Junior Year	4 Hours/Week	National Honors Society	Vice President	Helped to develop community outreach program to senior citizens at local retirement home.

College Preference Questionnaire

What Matters to You?

What's important to you in a college? The more you know about the kind of college you'd like to attend, the more you'll be able to focus on your college search. You can use these questions to help you determine what you're looking for in a college. Your answers to these questions can help you develop your list.

For an interactive college preference questionnaire, go to YourPlanForTheFuture.org.

What are my post-secondary goals?	How will college help me meet my goals?
What am I most looking forward to about college?	What resources can I use to learn about colleges?
What are my academic credentials? (courses, GPA, class rank, test scores)	What non-academic strengths do I have to offer?
What academic opportunities are important to me? (majors, travel abroad, internships, independent study)	What extracurricular and social opportunities am I interested in pursuing? (clubs and organizations, fraternities and sororities, athletics)
What off-campus opportunities are important to me? (volunteering, museums, outdoor recreation, public transportation)	What other aspects of a college are important to me? (distance from home, campus size, student body composition)



Campus Visits

Visiting a college campus gives you an initial impression of a college, including the physical setting and a sense of the campus life. Students often determine whether or not they will apply to a school by spending only a short time on campus.

MEFA advises scheduling a visit at all colleges and universities to which you apply. This usually involves a campus tour and an interview or group information session. The tour provides a good overall picture of what the school has to offer, showcasing residence halls, academic buildings, athletic facilities, and student centers. You can also get a sense of student priorities and outlooks. Follow our guidance below for each visit.

- **1 Contact the college's admissions office well in advance** of your intended visit to ensure that appointments are available.
- 2 April vacation is prime time for juniors to visit colleges, and many schools host open houses, special information sessions, and extra campus tours during this very busy week. Call early!
- **College students especially tour guides are very willing to offer their opinions** to visiting families. Take advantage of their availability and ask questions.
- 4 Note the condition of campus buildings and grounds and how well equipped academic and technology buildings and labs are.
- **5 Pay attention to what students talk about.** Are they genuinely excited about certain classes, professors, or an upcoming internship or semester abroad? It's important to find a college where students share your enthusiasm and values.
- 6 Ask students about the availability of faculty and academic advisors. Many colleges boast about close faculty/student interaction, but it's truer at some places than others.
- **7 Try to see typical housing,** including both the nicest housing options as well as some of the less desirable options, which are often reserved for freshmen.
- **8 Tours often highlight a college's strengths.** Make sure you probe students to point out some of the college's weaknesses as well.
- 9 Make some brief notes about each visit. Try using the College Comparison Worksheet on the next page.
- **10** Enjoy this phase of your life. College visits can be fun and memorable.

Don't forget about college fairs.

College fairs are an effective way to learn about multiple colleges and universities in a short period of time, in one convenient location. At a college fair you can talk with representatives from each school, ask questions, and collect materials. Ask your school counselor or career office for information about upcoming college fairs in your area.

College Comparison Worksheet

Directions: Use this worksheet to evaluate the different colleges you are interested in. You can also build and edit your college list at YourPlanForTheFuture.org.

Rating Scale: 4 = Great fit for me 3 = Pretty close 2 = I'm neutral 1 = Not guite right 0 = Not for me

College Name			
Distance from Home			
Size of Student Body			
Academic Offerings			
Extracurricular Activities			
Housing Options			
Social Life/Community			
Cost and Financial Aid			
Other:			
Overall Impression			
Chance of Getting in			
Total Score			
My Notes			

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Essays

Many colleges require students to write an essay as part of the application for admission. This essay is an opportunity for you to share something that is important to you and to give the reader a glimpse of what makes you unique as a person. Review our tips below before you start.

- **1 Keep the essay focused on you, not on someone else.** The college wants to learn more about you, not one of your friends or relatives. Use the essay to tell them something about the person behind the grades and test scores.
- 2 **Content is as important as composition.** Make it interesting and informative. Every year many well-written but boring essays are submitted. Grab the reader's attention with a strong opening sentence or two, and follow up with an essay that is direct and compelling. This is easier when you pick a topic that you care about.
- **3** Be willing to try a less obvious approach. While gimmicks for their own sake should be avoided, independent thinkers are often appreciated by the admissions reader.
- **4 Don't waste the essay writing about information already available** in other parts of your application. This is an opportunity to tell the admissions staff something they don't already know about you.
- **5** Stay within the required length. College admissions officers have hundreds of essays to read from applicants. Respect the time they've allotted to you and get the point of your essay across within the guidelines.
- 6 The key to an effective essay is to focus on the message you wish to tell the reader, not just the story. Balance the narrative structure with your main point, and make sure your essay doesn't get bogged down with details.
- **7** Don't use twenty words when eight will suffice.
- 8 Avoid writing generic or cliché statements that many other students could have also composed. Make the statements personal, sincere, and specifically about you.
- **9** Leave yourself time to edit. After you've finished writing, set the essay aside for a few days, then look at it with fresh eyes. What would a stranger learn about you by reading it? Correct grammar and typos, but also fine-tune it to deliver your specific message to the reader.
- **10** Make sure the essay is your work. Feel free to get feedback from parents, friends, teachers, and counselors, but make it your essay. When you finish, you should be the one who is most proud.

Letters of Recommendation

Letters of recommendation give other people an opportunity to tell colleges about you. Choose adults who know you well, and ask them to focus on how they know you best.

Keep track of the requirements at each college and give your recommenders plenty of time to write thoughtful letters. Follow our guidance below, and provide a completed copy of our Letters of Recommendation Request Form on the next page to each of your recommenders.

- **1** Ask your school counselor about your high school's policy for requesting letters of recommendation.
- **2 Read each application carefully for recommendation requirements.** Some colleges require a certain number of recommendation letters or request a standard form in addition to the letter.
- **3** Ask at least one teacher and your school counselor to write letters of recommendation. Together, they are able to give admissions offices a full picture of your academic achievement.
- 4 Select a teacher from an academic subject who can thoroughly address your classroom experience. Colleges want to know about your intellectual abilities, curiosity, and classroom participation.
- 5 If an application asks for a non-academic recommender, choose an adult who knows you well, such as a coach, employer, or religious or community leader. Most colleges do not accept recommendations from family members.
- 6 A good third choice for a recommendation might be from a person who observed you working or volunteering in a position related to your intended career or field of study.
- **7 Explain to your recommenders what you plan to study in college** and why you are interested in a particular college or colleges. This information can help your recommenders highlight qualities that you want to emphasize in your college applications.
- 8 **Request letters well in advance.** If your application is due in January, approach your recommenders in the fall.
- 9 Make two copies of any required forms for your recommenders for a rough draft and a final draft. Offer to provide a pre-addressed, stamped envelope, if appropriate.
- **10** Send a thank you note to show your appreciation.

Letters of Recommendation Request Form

Directions: Complete this form and provide a copy to each teacher and/or counselor who will be writing your letters of recommendation. You may also wish to attach a list of your extracurricular activities, honors, hobbies, and employment history.

College 1:	Application Deadline:
College 2:	
College 3:	Application Deadline:
Adjectives That Describe Me:	Subjects I'd Like to Explore in College:
My Academic Strengths:	My Proudest Personal Accomplishment:
My Career Goals:	My Most Significant Contribution to This Schoo
Things I Care About:	Something Unusual or Special About My Family

Interviews

Some colleges offer an interview as part of the admissions process. If an interview is recommended, it is usually something you should try to arrange. Some colleges, especially very large ones, are unable to offer individual interviews for every applicant, but may offer group information sessions.

Interviews are often conducted by members of the admissions staff or by trained alumni interviewers. Either way, it is a great opportunity for the college to learn more about you and for you to learn more about the college. Dress professionally to represent yourself well, and use our tips below and our Interview Prep Sheet on the next page to prepare.

- **1 Be prepared.** Think about what you want the interviewer to learn about you and prepare some questions that you can ask about the college.
- **2 Be yourself.** Speak truthfully yet confidently about your interests and accomplishments. Be friendly, focused, and sincere.
- **3** Talk about why you are interested in this particular college. In your opinion, what makes this college a better fit for you than other colleges? Don't forget, fit is an important consideration in the college search.
- **4 Talk about why you are considering a specific major.** If you are undecided about majors, which is completely acceptable, talk about some of your areas of interest and how you plan to explore your options in college.
- 5 If there are specific clubs, organizations, sports, or opportunities at the college that interest you, discuss your interest and ask about how you might get involved.
- 6 A successful interview has the give and take of a natural conversation. Avoid one-word responses, but don't monopolize the time either.
- **7** Tell the interviewer about what you hope to gain from pursuing your education. Discuss your short-term and long-term goals.
- 8 Don't shy away from talking about what you can contribute to the college. Many other applicants will have similar grades and test scores. What makes you an attractive addition to the classrooms, the residence halls, and the overall campus community? Everyone has something to contribute.
- 9 It's also important to bring up any questions you have about attending the college. If you are accepted, you will have to decide between this college and any others that also accept you.
- **10** Always thank the interviewer. It's also recommended that you send a follow-up thank you note. You want to be remembered in a positive way.

Interview Prep Sheet

Directions: Complete this form in preparation for each college interview you do.

Location:
Questions That I Have About This College:
Accomplishments I'm Most Proud Of:
Things I'm Hoping to Learn and Do in College:
Things I Enjoy Doing in My Spare Time:
Other: