

INTERNET RESOURCES

Brochures and Articles

[Findings Magazine](#)

[National Institute of General Medical Science - Fact Sheets](#)

[National Institute of General Medical Science - Life Science Articles](#)

[National Institute of General Medical Science – Science Education](#)

[The Scientist Magazine](#)

College Planning Resources - General

[A Guide to Resources for Low Income Students](#)

[Accredited Schools Online](#)

[Affordable Colleges Online](#)

[Affordable Colleges - First Generation College Students Guide](#)

[American Student Assistance](#)

[American Education Services/ Education Planner](#)

[ASA Education and Career Planning](#)

[Best Colleges](#)

[Big Future](#)

[Cappex - College Greenlight](#)

Resources in providing a college path for first generation and underrepresented students

[Coalition for College Access](#)

[College Board](#)

[College Fairs - National Association of College Admissions Counselors \(NACAC\)](#)

[College Scorecard \(U.S. Department of Education\)](#)

[Common Application](#)

[Common App Application Guide for First Time Students](#)

[Fair Opportunity Project](#)

[MappingYourFuture.org](#)

Massachusetts Educational Financing Authority (MEFA) College Planning Resources

[College Planning](#)

[Different Types of Student Financial Aid](#)

[How to Apply to College](#)

[Timeline for College Admissions & Financial Aid](#)

[myFuture - College Planning Resources](#)

National Association of College Admissions Counseling (NACAC)

[National Association for College Admission Counseling](#)

[Step by Step: College Awareness and Planning for Families, Counselors and Communities](#)

[Information on Paying for College](#)

[National Center for Education Statistics – College Navigator](#)

[Peterson’s College Planning Resources](#)

[Social Adjustments to College](#)

[The College Affordability and Transparency Center](#)

[youvisit College Search](#)

College Planning Resources – Applications, Essays, Letter of Recommendations, Campus Visits

[Campus Visit Guide](#)

[Campus Visit Tips - myFuture](#)

[College Essay - BigFuture](#)

[College Interview Tips - My Future](#)

[Common Application Essay Prompts for 2022-2023](#)

[Diversity Fly-In Programs \(US News\) -Make campus visits accessible](#)

Peterson's:

[Campus Tours and College Visits](#)

[College Interviews](#)

[Letters of Recommendation](#)

[Tips for Writing an Effective College Essay - BigFuture](#)

[Virtual Campus Visits - youvisit.com](#)

College Planning Resources – Tests and Test Preparation

[ACT](#)

<http://www.actstudent.org/>

[AP \(Advanced Placement\) Students](#)

Comparing the ACT and the SAT:

[Comparing the ACT vs SAT: How to Decide - U.S. News](#)

[Which Test is Right for YOU - Princeton Review](#)

[SAT](#)

[SAT Prep - Khan Academy](#)

[SAT Practice](#)

[SAT Test Dates and Deadlines](#)

[Test Optional Schools](#)

Financing Your Education

[A Better Chance](#)

[Avoiding Student Aid Scams](#)

[Best Colleges: Your Guide to Financial Aid and FAFSA](#)

[Cappex - Scholarship Search](#)

[College Affordability Guide - How to Pay for College](#)

[College Vine - Colleges with Free Tuition for Low Income Students](#)

[Entrance Counseling - Federal Student Loans](#)

[FAFSA \(Free Application for Federal Student Aid\)](#)

[Fastweb – Scholarship Search](#)

[Federal Student Aid](#)

[Federal Student Aid - Resources](#)

[Federal Trade Commission: Scholarship and Financial Aid Scams](#)

[Financial Aid Toolkit \(Federal Student Aid\)](#)

[Forbes List of Colleges with Free or Reduced Tuition](#)

[International Financial Aid and College Scholarship Search](#)

[MoneyGeek -The Debt-Free College Education Guide](#)

[National Association of Student Financial Aid Administration \(NASFAA\) - State & Regional College Tuition Discounts](#)

[Scholarships by State](#)

uAspire:

[Free Financial aid Student Support Days](#)

[Scholarship Support \(uAspire\)](#)

[Virtual Financial Aid Help Events \(uAspire\)](#)

[United Negro College Fund](#)

Student Loans

[Education Data Initiative -Information on Refinancing Student Loans](#)

[Federal Student Loans: Income Driven Repayment](#)

Forbes Advisor:

[Best Private Student Loans](#)
[How to Apply for Federal and Private Student Loans](#)

[Public Service Loan Forgiveness](#)

[SallieMae](#)

[Understanding Repayment](#)

Massachusetts Financial Resources

[Boston Scholarship Fund](#)

[FAFSA Day Massachusetts](#)

[Massachusetts Department of Higher Education: Office of Student Financial Assistance](#)

[Mass DHE - Quick Guide for Students](#)

[MassEdCo - Education and Career Readiness Services](#)

Commonwealth's largest provider of community-based education and career readiness services for low-income, first generation, underrepresented and marginalized youth and adults in MA:

[Educational Opportunity Center](#)

[Financial Aid Comparison Tool](#)

[Local Program Locations](#)

[Ultimate High School College Checklist:](#)

MEFA (Massachusetts Educational Financing Authority):

[About MEFA](#)

[Being a Wise Borrower](#)

[Wise BorrowerVideo](#)

[New England Board of Higher Education:](#)

[Financial Aid Resources](#)

[Tuition Break College Planning Resources](#)

Graduate School Resources

[10 Things to Know Before Applying to Graduate School](#)

[Foundation for Advanced Education in the Sciences](#)

[GradSchools.com: Applying to Graduate School](#)

[How to Get a Letter of Recommendation for Graduate School - Forbes Advisor](#)

[NIGMS Postbacc and Graduate Student Programs](#)

NIH Resources:

[Office of Intramural Training and Education](#)

[Office of Intramural Training and Education - Resources](#)

[Diversity in Extramural Programs](#)

[Minority Postdoc](#)

Web portal on the minority postdoctoral experience

[PhDs.org - Science, Math, and Engineering Career Resources](#)

Medical School Resources

[American Academy of Family Physicians \(AAFP\):](#)

[Career Choices in Family Medicine](#)

[Choosing a Residency Program](#)

[Getting Into Medical School](#)

[Medical School & Residency](#)

[Why Choose Family Medicine](#)

[Association of American Medical Colleges](#)

[Applying to Medical School with AMCAS](#)

[Aspiring Docs](#)

[Getting into Medical School](#)

[First Generation Medical Students - Article](#)

[Med School Insiders](#)

[Preparing for Medical Internships](#)

[Tour for Diversity in Medicine](#)

[US News: 7 Tips to Ease the Transition to Medical School](#)

Medical School Funding Resources

[FIRST \(Financial Information, Resources, Services and Tools\) for Medical School](#)

[FIRST: Transitioning to Medical School - Financial Tips](#)

[Finances in Residency and Early Career \(AAFP\)](#)

[Funding Options for Medical School \(AAFP\)](#)

[Managing Medical School Debt \(AAFP\)](#)

[Managing Your Finances During Medical School \(AAMC\)](#)

[Money Geek: Medical School Financial Aid](#)

[Scholarships for Medical School \(AAFP\)](#)

Nursing Education Pathways

[American Association of Colleges of Nursing](#)

[AACN Career Center](#)

[AACN Continuing Professional Development Scholarships](#)

[Student Resources](#)

[Your Nursing Career: A Look at the Facts](#)

[Health Resources & Services Administration - Nurse Corps Scholarship Program](#)

[Quick Facts About the Nursing Profession](#)

[Robert Wood Johnson Foundation – Nurses and Nursing](#)

Science & Health Career Planning Resources

[AAAS Science Careers](#)

[Academic Keys - Higher Education Career Search](#)

[American Physical Society - Careers in Physics](#)

[ASCB \(American Society for Cell Biology\) - Career Resources](#)

[Biomedical Sciences Career Program \(BSCP\)](#)

[Biospace – Life Sciences News + Jobs](#)

[Diversity Program Consortium](#)

[ExploreHealthCareers](#)

[MassBio – Massachusetts Biotechnology Council](#)

[Mayo Clinic Careers](#)

[Nature Careers](#)

[National Institutes of Health – Careers in Science](#)

[New Scientist Jobs](#)

Pathways to Science:

[Programs and professional development resources for current and prospective undergraduate students](#)

[Postdoc Positions in STEM](#)

[STEM Graduate Programs and Fellowships](#)

[Public Health Jobs](#)

[The Scientist – Careers](#)

[UMASS High School Health Careers Program](#)

[UMASS Graduate School of Biomedical Sciences Summer Enrichment Program](#)

<https://www.umassmed.edu/gsbs/outreach-programs/summer-enrichment-programs/>

[Vertex – Early Career Programs](#)

Social & Emotional Adjustments to College, Graduate School, Medical School

[First Generation College Students - Article on the Struggles They Face](#)

[First Generation Journeys at Harvard Medical School](#)

[First Generation Medical Students - Article](#)

[How to Avoid Burnout in College](#)

How to Avoid Burnout by the Pre-Med and Medical Student

Isolation of Minority Medical Students

Med School Insiders:

Adjusting to Medical School
Pre-Med Study Strategies

Stress Management Tips for Students

Twenty Things I Wished I'd Know When I Started My PhD